



Alberta Caregiver College® is a virtual college dedicated to providing courses to enhance the knowledge and skills of caregivers to provide for their family member.

## Upcoming courses

The Alberta Caregiver College® offers courses for caregivers of brain injury and stroke survivors in the fall and spring. Courses are from **5:00 – 7:00 P.M.** and are held at the Glenrose Rehabilitation Hospital at 10230-111 Avenue, Edmonton.

### Upcoming telehealth course

Six consecutive Tuesdays, **Mar. 11 – Apr. 15, 2008.**

For more information or to register, call the Glenrose Rehabilitation Hospital at 780.735.7912 or E-mail: [grhedservices@cha.ab.ca](mailto:grhedservices@cha.ab.ca).

## Caregivers of Survivors of Brain Injury and Stroke

There are many issues that caregivers of a brain injury or stroke survivor may have to deal with when caring for their loved one.

## Topics covered

### Session 1

**Tuesday, March 11, 2008**

Introduction and Overview of the Caregiver College

### Session 2

**Tuesday, March 18, 2008**

Physiological Aspects of Brain Injury and Stroke (Understanding Brain Injury/Stroke)

### Session 3

**Tuesday, March 25, 2008**

Functional and Mobility Issues after Brain Injury/Stroke (Physical Rehabilitation)

### Session 4

**Tuesday, April 1, 2008**

Brain Injury - The Invisible Injury (Cognitive and Emotional Changes)

### Session 5

**Tuesday, April 8, 2008**

Stress and Coping Following Traumatic Change and Chronic Disability (Caring for the Caregiver)

### Session 6

**Tuesday, April 15, 2008**

Community Resources for Caregivers of Individuals with Brain Injury and Stroke (Community Resources)

## Registration Form

Name:

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Address:

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City:

Province:

Postal Code:

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Your Phone:

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Email Address:

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The following questions provide us with information about the person for whom you provide care.

1. Your relationship to the brain injury or stroke survivor:

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2. The Survivor is...

male      female

3. Date of injury:

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4. Type of injury suffered by the survivor:

Traumatic Brain Injury

Vascular

Stroke

Other

5. In your opinion, what is the severity of the survivor's injury?

Mild

Moderate

Severe

6. How did you hear about this program?

Regional Stroke Service coordinators

Glenrose Stroke Program

Inpatient      Outpatient

Glenrose Brain Injury Program

Inpatient      Outpatient

Edmonton Stroke Recovery Association

Northern Alberta Brain Injury Society

Other (please specify):

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**Please send registration form to:**

Glenrose Rehabilitation Hospital

Education Services

Room 19, 10230-111 Avenue

Edmonton, AB T5G 0B7

Phone: (780) 735-7912

Fax: (780) 735-7924

Toll Free: 1-877-877-8714

Email: [grhedservices@cha.ab.ca](mailto:grhedservices@cha.ab.ca)